

# Library Reading Guidance for English Books

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DaLian Minzu University Library

## The Childhood Roots of Adult Happiness : Five Steps to Help Kids

### Create and Sustain Lifelong Joy

This is a book brimming with the good news of raising children - the basic reassuring news about happiness and unconditional love, about enduring family connections and kids who grow up right. As Dr. Hallowell argues, we don't need statistical studies or complicated expert opinions to raise children. What we do need is love, wonder, and the confidence to trust our instincts.

Privilege, wealth, and expensive "extras" are not necessary for happiness - there are many stories here of children who have overcome poverty, abandonment, and shocking deprivation to find true fulfillment. Dr. Hallowell encourages us as parents to reconnect with the moments in our own childhoods that made a difference; he explores the impact of genetics and environmental factors on the inner workings of a child's mind; and he discusses how activities like team sports, community service, religious observance, and household chores can foster a child's sense of mastery. *The Childhood Roots of Adult Happiness* is infused with the wisdom and humanity of a doctor who truly loves and understands children. Writing with the warmth of a friend and the authority of an expert, Dr. Hallowell gives us a book at once practical and exuberant, joyous and informative, eye-opening and reassuring. Ultimately, this book is a celebration of childhood and of the magic that happens between parents and the children they love.

*Written by Edward M. Hallowell*

*Call Number: G61/H193A*

### Study Guide : Parkin Macroeconomics

The Study Guide for Macroeconomics by Mark Rush of the University of Florida is carefully coordinated with the text, MyEconLab, and the Test Banks. Each chapter of the Study Guide contains: \* Key concepts \* Helpful hints \* True/false/uncertain questions \* Multiple-choice questions \* Short-answer questions \* Common questions or misconceptions that the student explains as if he or she were the teacher. Each part allows students to test their cumulative understanding with questions that go across chapters and work a sample midterm examination. Students can purchase the Study Guide from our online catalog, or from MyPearsonStore.

*Written by Mark Rush*

*Call Number: F015/R952=5*

## Serenade of Suffering : A Portrait of Middle East Terrorism, 1968-1993



In this book, Richard Chasdi brings an impressive degree of scientific rigor and statistical analysis to bear on the topic of terrorist violence in the contemporary Middle East. He has constructed an original and highly useful typology of terrorist groups that takes into consideration three main factors: ideology, goals, and recruitment patterns. With the assistance of this functional typology, Chasdi argues that many patterns of terrorism have predictive value, thereby allowing for preventive measures to be taken on both the local and international levels. Yet, *Serenade of Suffering* is more than just a tool for anti-terrorist professionals. It is also an insightful and complex portrait of modern terrorism in general: its root causes, the key differences between state-sponsored and nonstate terrorist organizations, and the questionable wisdom of trying to distinguish between "good" and "bad" types of terrorism. A must-read for area specialists, students of conflict studies, and international development professionals.

*Written by Richard J. Chasdi*  
*Call Number: D815.5/C487A*

## Crisis Communications : Lessons from September 11

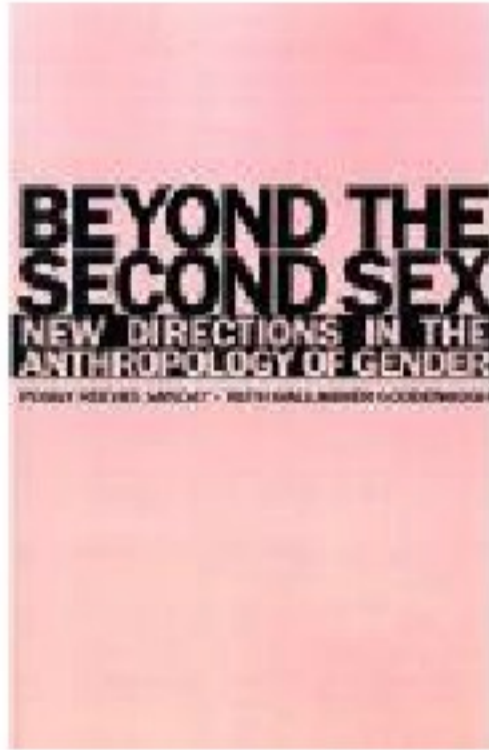
On September 11, 2001, AT&T's traffic was 40 percent greater than its previous busiest day. Wireless calls were made from the besieged airplanes and buildings, with the human voice having a calming influence. E-mail was used to overcome distance and time zones. And storytelling played an important role both in conveying information and in coping with the disaster. Building on such events and lessons, *Crisis Communications* features an international cast of top contributors exploring emergency communications during crisis. Together, they evaluate the use, performance, and effects of traditional mass media (radio, TV, print), newer media (Internet, email), conventional telecommunications (telephones, cell phones), and interpersonal communication in emergency situations. Applying what has been learned from the behavior of the mass media in past crises, the authors clearly show the central role of communications on September 11. They establish how people learned of the tragedy and how they responded; examine the effects of media globalization on terrorism; and, in many cases, give specific advice for the future.



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*Written by A. Michael Noll*  
*Call Number: D815.5/C932*

## Beyond the Second Sex : New Directions in the Anthropology of Gender



Beyond the Second Sex is an innovative work that challenges Simone de Beauvoir's notion that women are "the second" in every society. Anthropological inquiry into male-female relations has evolved around debates concerning sexual inequality. Based on original field research, the essays presented in this volume are not concerned with inequality per se. Rather, the authors pose ethnographic and analytical challenges in the assumptions and definitions that, in the past, have supported judgments about sexual equality and inequality. They move away from broad labels and blanket judgments in favor of addressing the conflict, contradictions, and ambiguities that are so often encountered in field research.

These essays maintain that, in discussing the cultural construction and representation of gender, the "culture" that is abstracted from field data cannot be separated from a complex, ongoing, and everchanging local process. From this point of view, the editors conclude, the relationship of the sexes to each other is best discussed in terms of the conflicts, tensions, and paradoxes that are at the heart of daily life in many societies.

*Written by Peggy Reeves Sanday and Ruth Gallagher Goodenough*

*Call Number: C913.68-532/B573*

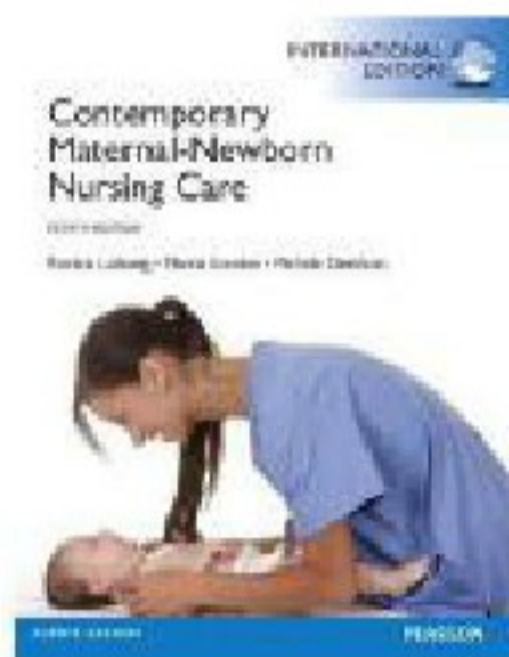
## Psychological Types at Work : An MBTI Perspective

The "Psychology at Work" series interprets and explains people's work behaviour in a climate of change, drawing together academic research and practitioner expertise. Each title focuses on a central issue in management, emphasizing the role of the individual's workplace experience. They are ideal texts for Managers, HR Professionals, students of management and occupational psychology at Undergraduate and MBA level. The Myers-Briggs Type Indicator is the most widely used personality inventory in the world, and understanding characteristics unique to each personality type, provides insight on how they influence an individual's way of communicating and interacting with others. In this important new addition to the best-selling "Psychology at Work" series, Rowan Bayne applies MBTI perspectives to an extensive range of areas of work psychology such as recruitment and selection, communication, stress management, counselling, training and leading. This textbook takes the most useful ideas from MBTI literature, integrates and critiques them, evaluates the evidence for and against them, compares them with mainstream psychology, and where applicable draws out their implications for practitioners. This text will be especially of interest to students of occupational psychology and management at undergraduate, Masters and MBA level, as well as of direct relevance to practitioners, consultants, managers and HR professionals.

*Written by Rowan Bayne*

*Call Number: F406.13/B361*

## Maternal-Newborn Nursing



This volume of Lippincott's Review Series provides a complete review of maternal-newborn nursing. Each chapter concludes with study questions and rationale for the correct and incorrect answers. A 100-question comprehensive examination helps students evaluate their knowledge of this clinical area. All questions are coded according to NCLEX components to direct readers to areas that require additional study. New to this edition are: a CD-ROM with 200 NCLEX-style questions; a consistent format that incorporates a nursing process overview; client and family teaching boxes; and a nursing process icon to indicate when the reader should refer to the nursing process overview. Each chapter offers two line figures, tables and displays.

*Written by Barbara R. Stright*  
*Call Number: R473.71/S916=3*

## Unafraid of the Dark : A Memoir

In this stunning memoir, Rosemary Bray describes growing up poor in Chicago in the 1960s and becoming one of the first black women at Yale - and she shows why changes in the welfare system make it virtually impossible for her inspiring story to happen today.

"Certain things shape you, change you forever," Bray writes. "Years later, long after you think you've escaped, some ordinary experience flings you backward into memory. Being poor is like that. Living surrounded by fear and rage is like that. I grew up hating the cold, dreading the approach of night. Thirty years later, a too - cold room at night can trigger a flash of terror."

When Rosemary Bray's mother decides to apply for welfare, it creates a rift between her parents, and yet it proves to be the salvation of the family, enabling the Bray children to be educated - and education was the one thing her parents agreed upon as the only way to a better life. Bray writes movingly about her resourceful mother, who joins the Catholic church and shepherds the children to school. The nuns at the Catholic school spot Rosemary's potential and arrange for her to become one of the few black children at Parker, a predominantly white private school on the other side of Chicago. In a series of powerful vignettes, Bray describes the shock of discovering the discrepancies between her life and the lives of her affluent classmates. She writes of the experiences that gave her hope: a teacher fostering her development and choosing her to play the title role in *Alice in Wonderland*; the thrill of being accepted at Yale; falling in love; becoming a journalist; and, ultimately, becoming a mother.

In this beautiful memoir about how the dark in a life can be overcome, race, gender, and social problems are explored as a fine writer tells the story of a life.

*Written by Rosemary L. Bray*  
*Call Number: K837.128.5/M169*