

Library Reading Guidance for English Books

April 2016, Volume 6, Number 2

DaLian Minzu University Library

The Childhood Roots of Adult Happiness : Five Steps to Help Kids

Create and Sustain Lifelong Joy

This is a book brimming with the good news of raising children - the basic reassuring news about happiness and unconditional love, about enduring family connections and kids who grow up right. As Dr. Hallowell argues, we don't need statistical studies or complicated expert opinions to raise children. What we do need is love, wonder, and the confidence to trust our instincts.

Privilege, wealth, and expensive "extras" are not necessary for happiness - there are many stories here of children who have overcome poverty, abandonment, and shocking deprivation to find true fulfillment. Dr. Hallowell encourages us as parents to reconnect with the moments in our own childhoods that made a difference; he explores the impact of genetics and environmental factors on the inner workings of a child's mind; and he discusses how activities like team sports, community service, religious observance, and household chores can foster a child's sense of mastery. *The Childhood Roots of Adult Happiness* is infused with the wisdom and humanity of a doctor who truly loves and understands children. Writing with the warmth of a friend and the authority of an expert, Dr. Hallowell gives us a book at once practical and exuberant, joyous and informative, eye-opening and reassuring. Ultimately, this book is a celebration of childhood and of the magic that happens between parents and the children they love.

Written by Edward M. Hallowell

Call Number: G61/H193A

Study Guide : Parkin Macroeconomics

The Study Guide for Macroeconomics by Mark Rush of the University of Florida is carefully coordinated with the text, MyEconLab, and the Test Banks. Each chapter of the Study Guide contains: * Key concepts * Helpful hints * True/false/uncertain questions * Multiple-choice questions * Short-answer questions * Common questions or misconceptions that the student explains as if he or she were the teacher. Each part allows students to test their cumulative understanding with questions that go across chapters and work a sample midterm examination. Students can purchase the Study Guide from our online catalog, or from MyPearsonStore.

Written by Mark Rush

Call Number: F015/R952=5

Serenade of Suffering : A Portrait of Middle East Terrorism, 1968-1993



In this book, Richard Chasdi brings an impressive degree of scientific rigor and statistical analysis to bear on the topic of terrorist violence in the contemporary Middle East. He has constructed an original and highly useful typology of terrorist groups that takes into consideration three main factors: ideology, goals, and recruitment patterns. With the assistance of this functional typology, Chasdi argues that many patterns of terrorism have predictive value, thereby allowing for preventive measures to be taken on both the local and international levels. Yet, *Serenade of Suffering* is more than just a tool for anti-terrorist professionals. It is also an insightful and complex portrait of modern terrorism in general: its root causes, the key differences between state-sponsored and nonstate terrorist organizations, and the questionable wisdom of trying to distinguish between "good" and "bad" types of terrorism. A must-read for area specialists, students of conflict studies, and international development professionals.

Written by Richard J. Chasdi
Call Number: D815.5/C487A

Crisis Communications : Lessons from September 11

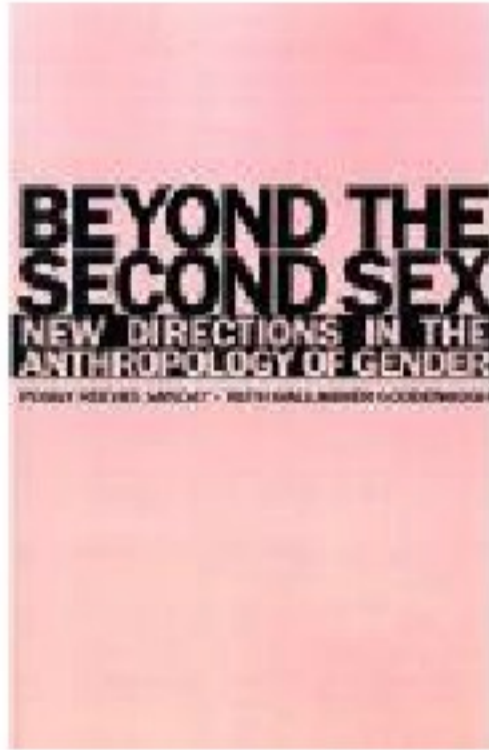
On September 11, 2001, AT&T's traffic was 40 percent greater than its previous busiest day. Wireless calls were made from the besieged airplanes and buildings, with the human voice having a calming influence. E-mail was used to overcome distance and time zones. And storytelling played an important role both in conveying information and in coping with the disaster. Building on such events and lessons, *Crisis Communications* features an international cast of top contributors exploring emergency communications during crisis. Together, they evaluate the use, performance, and effects of traditional mass media (radio, TV, print), newer media (Internet, email), conventional telecommunications (telephones, cell phones), and interpersonal communication in emergency situations. Applying what has been learned from the behavior of the mass media in past crises, the authors clearly show the central role of communications on September 11. They establish how people learned of the tragedy and how they responded; examine the effects of media globalization on terrorism; and, in many cases, give specific advice for the future.



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Written by A. Michael Noll
Call Number: D815.5/C932

Beyond the Second Sex : New Directions in the Anthropology of Gender



Beyond the Second Sex is an innovative work that challenges Simone de Beauvoir's notion that women are "the second" in every society. Anthropological inquiry into male-female relations has evolved around debates concerning sexual inequality. Based on original field research, the essays presented in this volume are not concerned with inequality per se. Rather, the authors pose ethnographic and analytical challenges in the assumptions and definitions that, in the past, have supported judgments about sexual equality and inequality. They move away from broad labels and blanket judgments in favor of addressing the conflict, contradictions, and ambiguities that are so often encountered in field research.

These essays maintain that, in discussing the cultural construction and representation of gender, the "culture" that is abstracted from field data cannot be separated from a complex, ongoing, and everchanging local process. From this point of view, the editors conclude, the relationship of the sexes to each other is best discussed in terms of the conflicts, tensions, and paradoxes that are at the heart of daily life in many societies.

Written by Peggy Reeves Sanday and Ruth Gallagher Goodenough

Call Number: C913.68-532/B573

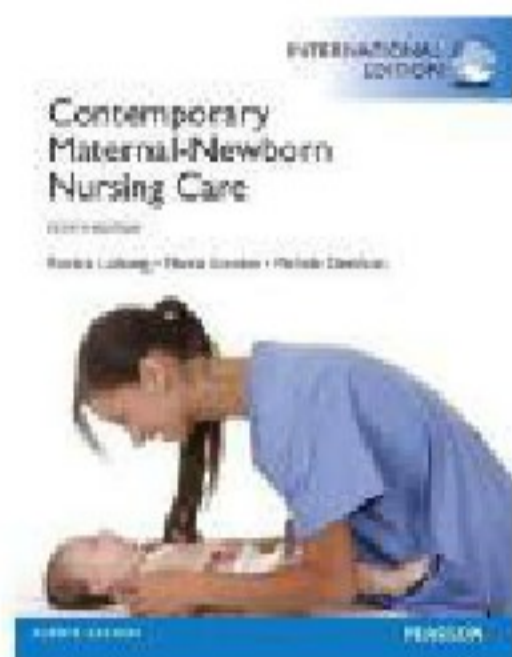
Psychological Types at Work : An MBTI Perspective

The "Psychology at Work" series interprets and explains people's work behaviour in a climate of change, drawing together academic research and practitioner expertise. Each title focuses on a central issue in management, emphasizing the role of the individual's workplace experience. They are ideal texts for Managers, HR Professionals, students of management and occupational psychology at Undergraduate and MBA level. The Myers-Briggs Type Indicator is the most widely used personality inventory in the world, and understanding characteristics unique to each personality type, provides insight on how they influence an individual's way of communicating and interacting with others. In this important new addition to the best-selling "Psychology at Work" series, Rowan Bayne applies MBTI perspectives to an extensive range of areas of work psychology such as recruitment and selection, communication, stress management, counselling, training and leading. This textbook takes the most useful ideas from MBTI literature, integrates and critiques them, evaluates the evidence for and against them, compares them with mainstream psychology, and where applicable draws out their implications for practitioners. This text will be especially of interest to students of occupational psychology and management at undergraduate, Masters and MBA level, as well as of direct relevance to practitioners, consultants, managers and HR professionals.

Written by Rowan Bayne

Call Number: F406.13/B361

Maternal-Newborn Nursing



This volume of Lippincott's Review Series provides a complete review of maternal-newborn nursing. Each chapter concludes with study questions and rationale for the correct and incorrect answers. A 100-question comprehensive examination helps students evaluate their knowledge of this clinical area. All questions are coded according to NCLEX components to direct readers to areas that require additional study. New to this edition are: a CD-ROM with 200 NCLEX-style questions; a consistent format that incorporates a nursing process overview; client and family teaching boxes; and a nursing process icon to indicate when the reader should refer to the nursing process overview. Each chapter offers two line figures, tables and displays.

Written by Barbara R. Stright
Call Number: R473.71/S916=3

Unafraid of the Dark : A Memoir

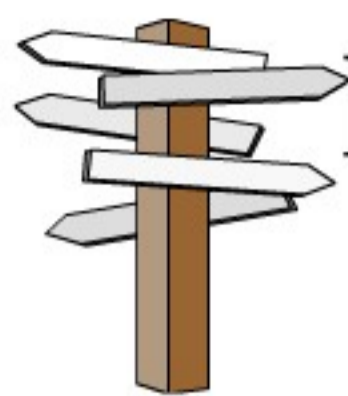
In this stunning memoir, Rosemary Bray describes growing up poor in Chicago in the 1960s and becoming one of the first black women at Yale - and she shows why changes in the welfare system make it virtually impossible for her inspiring story to happen today.

"Certain things shape you, change you forever," Bray writes. "Years later, long after you think you've escaped, some ordinary experience flings you backward into memory. Being poor is like that. Living surrounded by fear and rage is like that. I grew up hating the cold, dreading the approach of night. Thirty years later, a too - cold room at night can trigger a flash of terror."

When Rosemary Bray's mother decides to apply for welfare, it creates a rift between her parents, and yet it proves to be the salvation of the family, enabling the Bray children to be educated - and education was the one thing her parents agreed upon as the only way to a better life. Bray writes movingly about her resourceful mother, who joins the Catholic church and shepherds the children to school. The nuns at the Catholic school spot Rosemary's potential and arrange for her to become one of the few black children at Parker, a predominantly white private school on the other side of Chicago. In a series of powerful vignettes, Bray describes the shock of discovering the discrepancies between her life and the lives of her affluent classmates. She writes of the experiences that gave her hope: a teacher fostering her development and choosing her to play the title role in *Alice in Wonderland*; the thrill of being accepted at Yale; falling in love; becoming a journalist; and, ultimately, becoming a mother.

In this beautiful memoir about how the dark in a life can be overcome, race, gender, and social problems are explored as a fine writer tells the story of a life.

Written by Rosemary L. Bray
Call Number: K837.128.5/M169



Library Reading Guidance for English Books

May 2016, Volume 6, Number 3

DaLian Minzu University Library

Contemporary Moral Problems

Explore today's challenging moral terrain with James White's *Contemporary Moral Problems*. The sixth edition examines the compelling and contentious debate over society's most pressing ethical controversies. This anthology covers divergent viewpoints on many timely issues and introduces students to the major theories in the history of Western ethics. This balanced collection features carefully chosen readings on classic topics such as abortion, euthanasia, and capital punishment. It also engages students in current debates about the financial crisis, world poverty and hunger, same-sex marriage, vegetarianism, war and terrorism, torture, and assassination. Twenty new reading selections ensure up-to-date coverage of contemporary moral issues. This book's well-crafted introductions to each chapter and reading; emphasis on opposing viewpoints; probing review and discussion questions; and provocative case studies allow students to develop a rich understanding of ethical theories and the issues to which they apply. Depend on this accessible, comprehensive anthology to engage your students in a lively and informed discussion of contemporary ethics.

Written by James E. White

Call Number: B82/C761=6

Music : An Appreciation

Music : An Appreciation provides an approach to perceptive listening and an introduction to musical elements, forms, and stylistic periods. Its discussions of composers' lives, individual styles, and representative works aim not merely to impart facts but to stimulate curiosity and enthusiasm. The book was written to heighten the readers' love of music as well as to develop their listening skills. The features outlined below have proved attractive to students and instructors alike.

Part I of the book examines the elements of music both in general terms and with reference to illustrate pieces that are attractive, brief, and representative of a variety of periods. Parts II through VI deal with specific periods of music history from Middle Ages to the present; Jazz, the American musical, and rock are considered within Part VI. Nonwestern music is surveyed in Part VII.

Written by Roger Kamien

Call Number: J605/K15=4

An Introduction to the Profession of Social Work : Becoming A Change Agent

Now available in paperback, Segal, Gerdes, and Steiner's "workbook within a text" provides a balanced introduction to the social work profession and helps students to understand the role that the profession plays in the social welfare system. The authors' supportive tone and experiential approach inspires in readers a greater level of interest in, and enthusiasm towards, their future careers in social work. The book is designed to encourage both knowledge building and self-exploration - skills that are essential in developing good social work practice. Additional chapter material, including detailed personal stories written by practicing social workers ("From the Field" boxes), and "Point of View" boxes that provide multiple perspectives allow students to consider topics in greater depth and within a critical thinking context. This book provides a foundation of knowledge about social work practice and introduces students to the process of becoming change agents - the breadth of practice; what it means to be a social worker; and whether this field is a good fit.

Written by Elizabeth A. Segal, Karen E. Gerdes, Sue Steiner

Call Number: C913.7/S454=2

Framing Terrorism : the News Media, the Government, And the Public

Terrorism now dominates the headlines of all the networks from New York to London, and Rome to Moscow and is spreading from Al Jazeera in Qatar to Islamabad, Riyadh, Baghdad, and Kabul. This work argues that headlines matter as much as the act, in political terms. Widely publicized terrorist incidents leave an imprint upon public opinion, muzzle the "watchdog" role of journalists and promote a general one-of-us consensus supporting the security forces, and generate a strong reaction by governments attempting to limit the voice of terrorist groups. The contributors of this new work begin by focusing on how governments, security forces, and terrorist groups seek to manipulate the news, including the legal and normative issues of formal and informal government censorship and curbs on freedom of the press. The contributors compare coverage of 9/11 to coverage of other incidents of terrorist violence, including Israel-Palestine and Northern Ireland. They then focus upon how journalists construct the news and how the public responds to news coverage - including "rallying-around-the-flag", public attention and comprehension of terrorist events, and the public's response to issues of civil liberties vs. security. This book will provide a systematic comparison of the patterns and consequences of mass media coverage of terrorism.

Written by Pippa Norris, Montague Kern, and Marion Just

Call Number: D815.5/F813

The Entrepreneur's Guide to Second Life : Making Money in the Metaverse

The goal of this book is to provide the answer to the question of “How so I make money in *Second Life*?”, and to anyone who wants to know, not just those who have the opportunity to ask it personally of someone in the know. When you read this book, you will come away knowing (a) that you can make money in *Second Life*, (b) what opportunities exist for those who want to do so, (c) what you have to do to avail yourself of those opportunities, and (d) what the roadblocks are to potential success. *Second Life* has been riding a remarkable wave of media attention and public interest since the fall of 2006, and in that time, its population has grown by several orders of magnitude. Some might worry that so many extra people coming into the virtual world might erode the opportunities to make money, but the author sees the reality as just the opposite: the more people there are, the more potential customers.

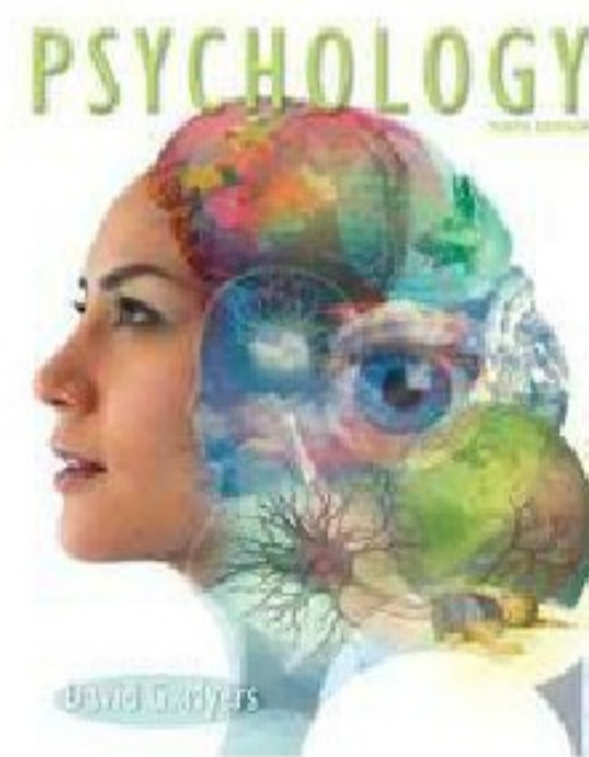
Almost universally, the successful business owners said that if you're not having fun with what you do, you won't succeed. You have to have your heart in it. Many of them said that what you do for a business should be something that you would almost be willing to do for free, just for the love of it. Because it's hard work, and if you don't love it, you won't enjoy yourself. This book will make it easier for you to find your niche, and to make the kind of money you'd like to be making in *Second Life*.

Written by Daniel Terdiman

Call Number: TS952.83/T315

How to Think Straight About Psychology

How to Think Straight About Psychology says about the discipline of psychology what many teachers would like to say but haven't found a way to. That is one reason adopters have called it “an instructor's dream text.” In an engaging, compelling voice, the author offers critical thinking skills needed to evaluate common psychological claims in the media and self-help literature. Penetrating discussions of such key psychological concepts as operationism, converging evidence, experimental control, and the importance of statistics arm students against common misconceptions prevalent in the field. Written as a supplement for a broad range of psychology courses, this book boldly deals with a host of common misconceptions about psychology rarely discussed in introductory texts, as well as a continuing discussion of the implications of psychology as a science.



Written by Keith E. Stanovich

Call Number: B84/S784=2

Introducing Psychotherapy



There are an astonishing number of treatments available to us for all types of disorders. But how can we choose wisely from so much on offer? “Introducing Psychotherapy” is a unique and valuable guide for anyone who wants to understand more about the subject of psychotherapy. For people seeking help for themselves or others, it focuses on the types of practices available for students and those considering involvement in promoting wellness. This is a brilliant introduction to one of the greatest philosophers of the 19th century. No other thinker has had such a profound effect on the ideas and politics of the last hundred years. Hegel’s writings on philosophy, politics, history and art aimed to create a system of thought which would actually make sense of history. “Introducing Hegel” guides us through the captivating mind of this important philosopher and is key reading for anyone trying to understand such modern thinkers as Marx, Sartre, Lacan and Adorno.

Written by Nigel C. Benson, Borin Van Loon

Call Number: R749.05/B474

Drugs And Society : Behavioral Medicines And Abusable

Drugs

Through scientific methodology and research findings, this text attempts to provide answers to the emotional questions surrounding the effects of drugs on human behaviour and society. Covering a range of drugs, including those prescribed for behavioural disorders or recreational purposes, it applies a scientific approach to the topic. Covering psychopharmacology, theories of motivation for



use and abuse, medical assessments of the primary dangers of acute and chronic drug use and the research methodology and classification system used to study these drugs, the text requires little or no previous background knowledge of psychology. Amongst the issues addressed are societal views of psychiatric medicines and abused drugs and how they affect drug abuse, and the special problems of using drugs to treat disorders involving excessive self-administration of recreational drugs. The basic pharmacology of every drug presented is outlined and there is thorough examination of how drug effects occur and their related tolerance, sensitization and physical dependence factors.

Written by Arthur P. Leccese

Call Number: R741.02/L457